

Irina Busurina

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Facebook Blog: Yogirina

www.youtube.com/channel/UCX6gpWbKTIT234HTfVA9dg

Birth date: 6th of August 1983, Moscow, Russia

Works and lives in Vienna, Austria since 2001

Languages: English, German, Russian, Spanish



Work experiences Vienna

2016 - current	Owner & manager ‚Yoga Private Space‘, a boutique studio for Yoga coaching and personal training ,Wake up n Dance‘ Events: Yoga coach and teacher / Meditation expert for ORF Live –show ‚B.Karlich show‘
2015	Yoga trainer for the DVD cast Fitness First (Germany): Dynamic Yoga 1+2, Dynamic Pilates 1+2 / Melia Detox Day
Since 2015 - current	Courses & Workshops for international companies (Office Yoga, Meditations, Back health, Postural Alignment) Aqua Yoga Concept and Training for ORF (TV show ‚Fit und gesund‘)
2014	Creator of the ‚Yoga Foundation Course‘ 10 Workshops (EN) (March – June 2014) in Holmes Place Fitness
Since 2014 - current	Blogger on Facebook: Yogirina / John Harris (Uniq, DC Tower): Ashtanga Yoga, Antara, Bodyshape, Yoga Therapy Autobiography documentation for ATV / Holmes Place Fitness (Boerseplatz)
2013	Flow Yoga I + II, Backhealth, Vinyasa Flow Yoga, Yoga Basics, Pilates I, Pilates II
Since 2013– current	John Harris Fitness (Uniq, DC Tower): Ashtanga Yoga, Antara, BBP, Intuitive Body Flow Working with private clients / psycho-social support of the cancer patients / Yoga in the park
2014-2012	VIC Workout Club : Early Bird Detox Yoga (EN) / UNO Fit Club : Power Yoga (EN), Fatburning, Back health
Since 2009 - current	Salzgrotte Ozeanium : Yoga (Hatha Yoga, Meditation, Pranayama) / Graphical Artist IRINA BUSURINA Stars Fitness: Therapeutic Back -Yoga (60+), Step‘n Tone, Antara / Backhealth, Ashtanga Yoga (EN),
2014-2011	Femme Fitness: BBP, Step, Gesunde Rücken, Pilates, Yoga, Stretch&Relax Club
2012-2008	Club Danube : Easy-line, Dance Aerobic, Pilates I + II, Special Workshops: ‚Pilates Core & Balance Training‘
2011-2005	Freelancer Senior Designer & Project leader SAMOTTREINISCH Architects and other architectural companies
2009-2008	Junior project manager Volksbank / Real estate development

Education, training and courses (worldwide)

2016	Yoga Therapy training (Remo Rittinger) / Vipassana u. Sampada Yoga retreat (Ursula Lyon)
2015	Traditional Thai massage course (Maneelanta Massage School, Koh Lanta, Thailand) Metta Meditation retreat (Andrea Huber) / Therapy u. Pranayama (Sri Sudhir Tiwari) Yoga & Emotionen (R.Sriram) / Meditation retreat ‚DCI 2‘ (Geshe Michael Roach)
2014	Reconnective Healing (Dr. Eric Pearl) & Yoga / Yoga Anatomy (Leslie Kaminoff) / Power Yoga (Brian Kest) The Psychology of Yoga & Meditation (Michael Stone)
2013	Ashtanga & Vinyasa Teacher Training (RYC 200 Hrs), (Sampoorna Yoga School, Goa, India)
2012	Sivananda Yoga School Training ‚Teaching Advanced Asana‘ / First aid course
2011	Pilates Matwork / Meditations, Seminars in Theravada Buddhist Centre Vienna
2010– 2009	Les Mills: Bodycombat / Gymstick / Kickboxing / Antara: Back health and Postural Alighment
2007 – 2008	Aerobic & Fitness trainer Training (Club Danube) & (Sport University Vienna)
2001 – 2008	Master in Architecture and Design (University for applied arts Vienna) / Projekt Management course (WIFI)
1999 – 2001	Contemporary Dance Group ‚Plasika‘: dancing performances (Moscow) Practice of Yoga & Pilates, African energy techniques, Stretching, Ballet.
1998 – 1999	Theater-Studio ‚Kvadrat‘: acting and modern dance course
1994 – 1997	Stage speaking course, poetry, acting private lessons
1990 – 1993	Ballett, singing, painting private and group classes (Moscow)

Conventions/ Conferences:

Yoga Journal Conference München, Reebok Convention, Wien, Education Convention München, Aerobic Convention Linz, PAX Aerobic & Wellness Convention Wien, Barcelona Yoga Conference.